



**DR. AMBEDKAR COLLEGE,
DEEKSHABHOOMI, NAGPUR**

**UNNATI
Personal Growth & Self Development Program**

Report of Session 2021-22

UNNATI is a Personal Growth and Skill Development Programme which Dr. Ambedkar College in association with Vidarbha Industries Association conducts every year. Coordinator, Dr. Prakash Bhongade organized the online inaugural function on 16th October ,2021. Mr. Suresh Pandilwar was the guest of honor for the function. Welcome address was given by the Principal, Dr. B.A. Mehre and eminent dignitaries were present who shared their valuable insights including pilot faculty, Mr. Kumar Ziplewar and VIA-Coordinator, Mrs. Neelam Bowade.

Objectives of the Unnati program include following:

1. To develop an overall Personality of students & to develop their confidence.
2. To improve their communication skills & to develop entrepreneurship skills.
3. To motivate for self-employment & to improve leadership qualities.
4. Involvement in Field visits and Practical oriented exposure including panel discussions and interaction with professionals.

80 students enrolled for the program from various streams of graduate courses. Various sessions were organized including Corresponding Skills, Image Building, Attitude and Perception, Decision Making and Goal Setting to name a few. Eminent Speakers including Trainer Ms. Rashmi Bansal , VIA-LEW Chairperson Poonam Lala , Project Officer MHCED, Mr. H.R Waghmare , CA Shishir Turkar and more were invited. The UNNATI Programme 2021-22 overall gave an

insightful experience to the participating students. Experts from diversified fields with enriched experience shared their perspectives and learnings in the sessions with students.

Apart from this appreciative participation of team members from all the departments including Dr. Utpal Dongre, Ms. Shefali Chouksey and Ms. Rohini Meshram was observed in the sessions. Participation by students for hosting the sessions to improve their presentation skills was also appreciated by speakers. The overall objective of the programme to provide holistic knowledge to the students was fulfilled. Moreover, many useful subjects were chosen for the sessions which would help the students in the future trajectory of their respective careers.

Session Details with Screenshots:

Sessions conducted by Mrs. Shefali Chouksey:-

1. Session on ‘Corresponding Skills’.

- Speaker: Mr. H.R Waghmare
- Date and Time:- 1st February,2022, 12 noon
- Topic:- Corresponding Skills
- In this session, H.R Waghmare sir enlightened the importance of corresponding skills. He discussed how and why the corresponding skills are important in an individual’s life. Through good corresponding skills one can express himself/herself efficiently.
- He is presently working as Project Officer at Maharashtra Centre For Entrepreneurship Development(MHCED).
- He has total 24 years experience in Training, Public Relation, Administration, Marketing, Coordination, Laisoning, Planning, Organizing,etc.
- He is accredited from Govt. of India as ‘Trainer Motivator’ from National Institute of Entrepreneurship and Small Business Development (NIESBUD), GOI, New Delhi
- He has also done certification in many fields.
- He has additional knowledge in HRM, Public Presentation, Net Banking, Portal Handling, and many more.
- Students attendance: - 62

MCED+VIA 11.12.2020 - Microsoft PowerPoint

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30th Anniversary 1990-2020

उद्योजक

MAHARASHTRACENTRE FOR ENTREPRENEURSHIP DEVELOPMENT(MCED),NAGPUR
 (An Autonomous Society working under Directorate of Industries, Govt. of Maharashtra)
 An ISO 9001:2015 Certified Organization & SKOCH AWARD WINNING ORGANISATION
 MCED ,Udvyog Bhavan First Floor , Near High Court Civil Lines Nagpur-440 001

“START YOUR OWN INDUSTRY”
 On Dated 11th Dec.2020

Presented by
Mr.H.R.WAGHMARE .PROJECT OFFICER
MCED NAGPUR Ph.No.7774036232

HR WAGHMARE

commerce dactn

Ananya Bhattach...

Ananya Bhattacharya

Riya Madavi

Click to add notes

Zoom Meeting

commerce dactn Ananya Bhattacharya Riya Madavi Abhishek Kalbande

Riya Madavi

Participants (27)

waghm

HW HR WAGHMARE

Remove Spotlight

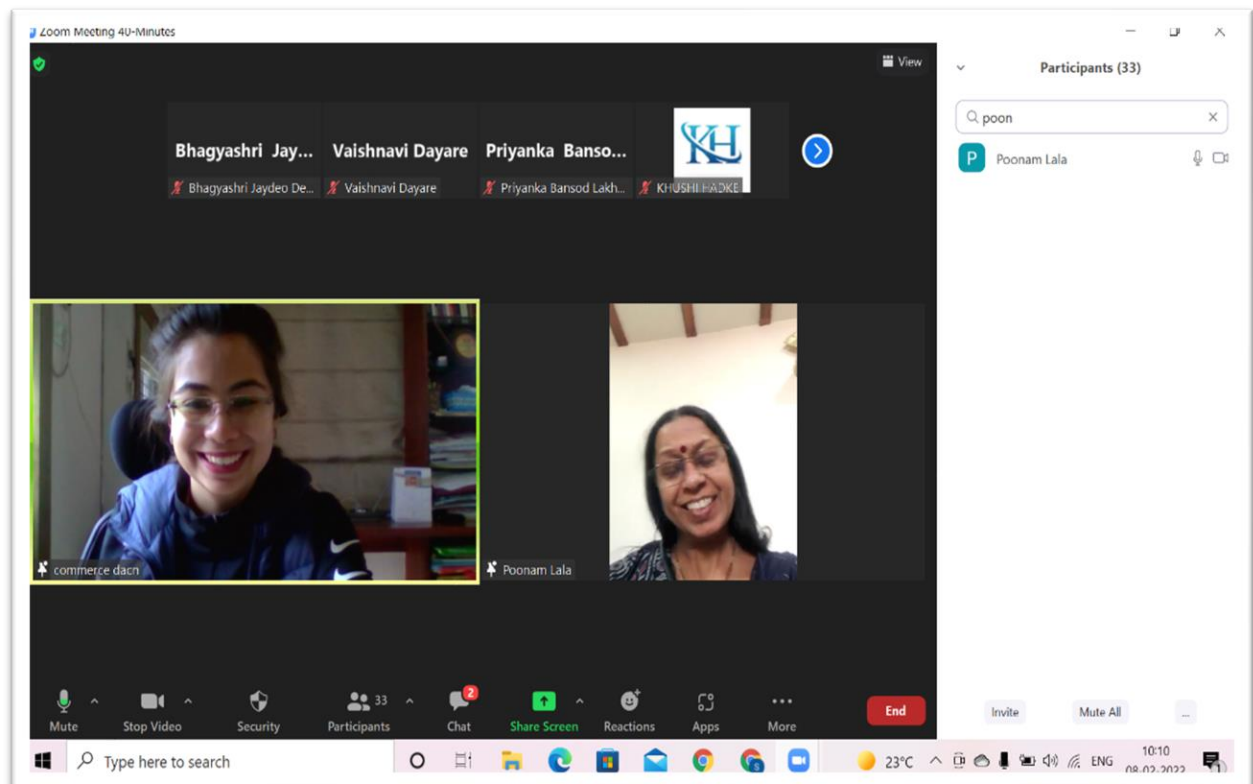
Mute Stop Video Security Participants Chat Share Screen Reactions Apps More End Invite Mute All

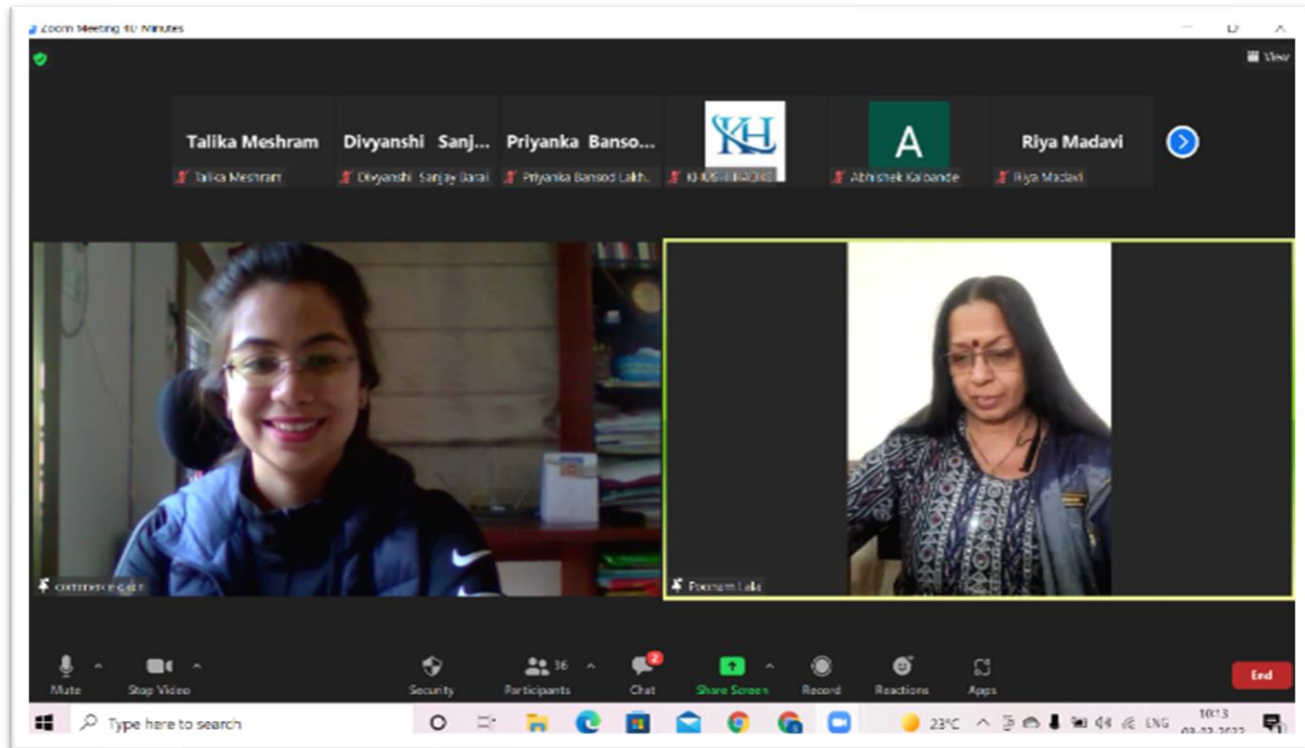
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2.Session on 'Team Building'

- **Speaker:** Mrs. Poonam Lala
- **Date and Time:-** 8th February,2022, 12 noon
- **Topic:** Team Building
- She is an Entrepreneur, VIA LEW Chairperson. She has a business experience of 21 years. She started with assisting husband in lubricants distributorship. Later started retail of garments and Jewellery. She is currently in retail business and believes 'Health is Wealth'. With this motto she entered into Food Distribution industry.
- She explained the importance of team work and its benefits at workplace . She shared her leadership examples and how she emerges as a successful leader in various situations.
- **Students attendance:** - 40





3.Session on ‘Communication Skills’.

- Date and Time: - 4th December 2021, 11AM
- Topic: - Communication Skills.
- In this session, Ms. Chitra Parate ma’am, CEO of choo-le-aasman NGO explained students about the technicalities of communication skills. She emphasized the importance of this skill in one’s corporate career. Apart from this she also mentioned about the importance of socializing in a student life.
- When asked about her NGO’S vision, she eloquently explained the student about her NGO’S activities, their mission and also invited students to join their NGO.
- She has 20+ years of experience in running successful business with international clients and products sold across multiple counties including US, UK, EUROPE and APAC.
- An eminent social worker and an interior designer.
- President of handicraft association.
- Ex-president and member of VIA ladies entrepreneur wing which helps and supports MSME business set ups.
- Students attendance: - 51



college DACN

Ananya Bhattach...

Ananya Bhattacharya



Neha Jadhav

Priyanka Banso...

Priyanka Bansod Lakh...

Riya Agase

Riya Agase

Vaishnavi Dayare

Vaishnavi Dayare



Zoom Meeting

Participants (63)

Find a participant

college DACN (Host, me)

Chhoo Le Aasman

Abhishek Kalbande

Akanksha Bangar

Ananya Bhattacharya

Ankita

Anusha Banala

Avyaan Kesharwani

Bhuneshwar Varma

Dhanashree

Dipak Ram

Dipali Hirulkar

Divas Pandey

Invite Mute All

Parth Thacker Sg Priyanka Banso...

Parth Thacker Sg kavita dallemal Priyanka Bansod Lakh...

college DACN Chhoo Le Aasman

Mute Stop Video Security Participants 63 Chat Share Screen Record Reactions More End

Zoom Meeting

Participants (65)

Find a participant

college DACN (Host, me)

Chhoo Le Aasman

Abhishek Kalbande

Akanksha Bangar

Ananya Bhattacharya

Ankita

Anusha Banala

Avyaan Kesharwani

Bhuneshwar Varma

Dhanashree

Dipak ... Ask to Unmute More >

Dipali Hirulkar

Divas Pandey

Invite Mute All

Mitali Parth Thacker Sg

college DACN Mitali Parth Thacker Sg

Remove Pin

Chhoo Le Aasman

Mute Stop Video Security Participants 65 Chat Share Screen Record Reactions More End

4. Session on 'Image Building'

- Date and Time: - 30th October 2021, 2 PM
- Topic: - Image Building
- The session highlighted the importance of image-building, how students should emphasize their presentation skills personal branding. The session also consists of some interesting examples and the importance of boasting of one's accomplishment was also explained.
- Speaker: JC Sucheta Dhoot Mam
- She is a founder of Brainsio Institute of Hypnosis and Neuro-Linguistic Programming (which provides certificate courses in NLP, Life Coaching, and Hypnosis) and Provides Customized Training Solutions to Corporate, Colleges, and Individuals.
- Few of her famous programs are NLP, Life Coaching and Hypnosis Practitioner, Basic and Advanced Skills Development for Elite Professionals, First Time Managers; Situational Leadership; Neuroscience of Habits; Sleep Better with Hypnosis; Take charge of yourself with EFT.
- Student Attendance – 47

DO YOU RECOGNISE THIS CAR?

Brainsio Institute
+91 9011049994

Sucheta Dhoot +91 9011049994

Sucheta Dhoot

You are viewing Sucheta Dhoot's screen View Options

ROLLS - ROYCE
से उठवाया कचरा

Sucheta Dhoot +91 9011049994

Ananya Bhattacharya

Unmute Start Video Security Participants 48 Chat Share Screen Record Reactions End

You are viewing Sucheta Dhoot's screen View Options

LEARNINGS FROM THE STORY:
Your Appearance Matters

Brainsio Institute
+91 9011049994

Sucheta Dhoot

Participants (49)

Find a participant

- commerce dacn (Host, me)
- Sucheta Dhoot
- Ananya Bhattacharya (Co-host)
- Aayush
- Abhishek Kalbande
- Aditi kalmegh
- Anjali Sarode
- Deepak Faye
- Deepti Ramteke
- Gaurav Baisware
- Harsh Panchbhai
- Harsh Raut

Unmute Start Video Security Participants 49 Chat Share Screen Record Reactions End

Invite Mute All

Zoom Meeting

commerce dacn | Sucheta Dhoot | Ananya Bhattacharya | Sakshi Ghotekar | Mahi Chauhan | Riya Madavi

Quietly Competent

- Do **others** in your family, extended family, peer circle or college/workplace really know what do you do?
- Do they have any idea about the **contributions you do** for the development of the Society or Family?
- Are you **"Introvert"** ?

Sucheta Dhoot +91 9011049994

Sessions conducted by Dr. Utpal Dongre:-

1. Session on 'Attitude Building'

Date of the programme	: 28/10/2021
Day of the programme	: Thursday
Topic of the programme	: Attitude.
Name of the Speaker	: Mrs. Anju Jais
Brief introduction	: Working as personality development trainer.
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 40 students were present in the lecture.

Glimpse of the programme:-



2. Session on 'Self Assesment Techniques'

Date of the programme : 25/11/2021

Day of the programme : Thursday

Topic of the programme : Self-assessment.

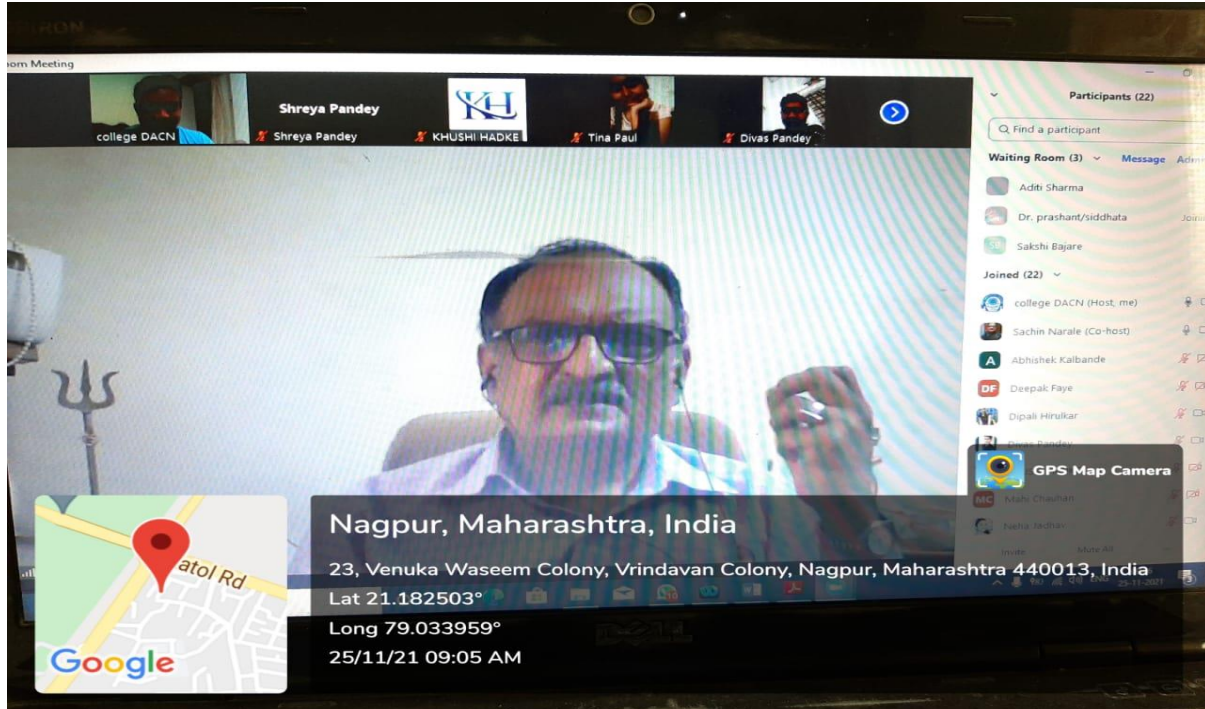
Name of the Speaker : Adv. Sachin Narale

Brief introduction : Samriddhi Coop. Bank Ltd.

Name of the host : Dr Utpal Dongre

Attendance : 22

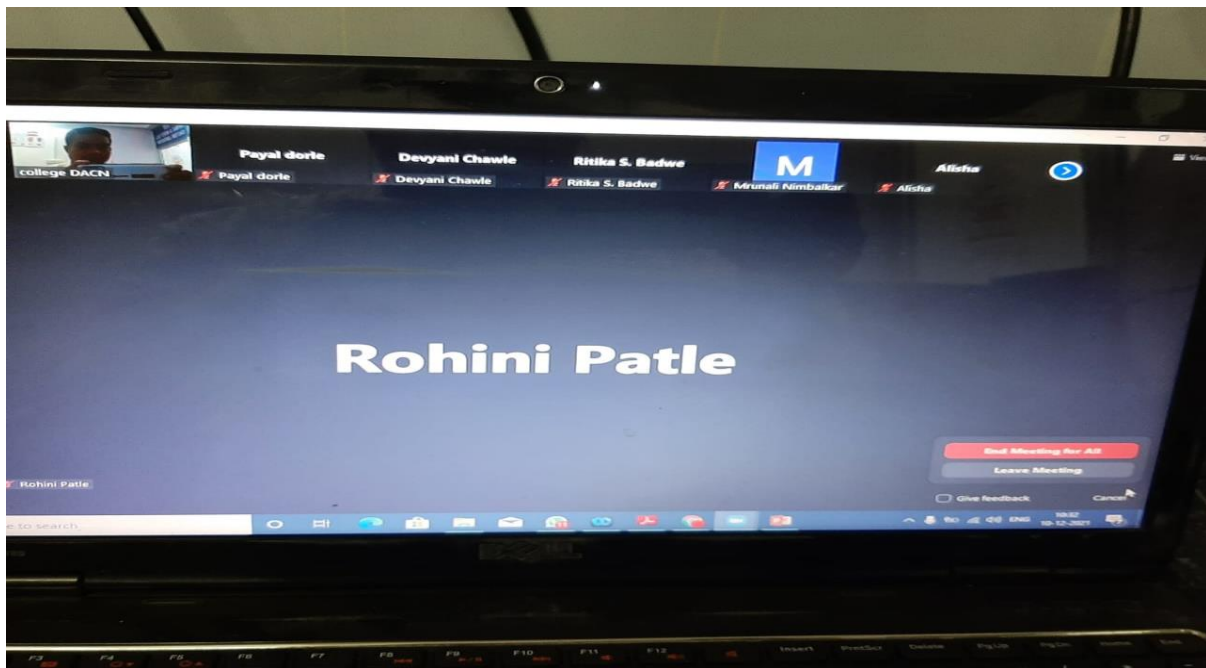
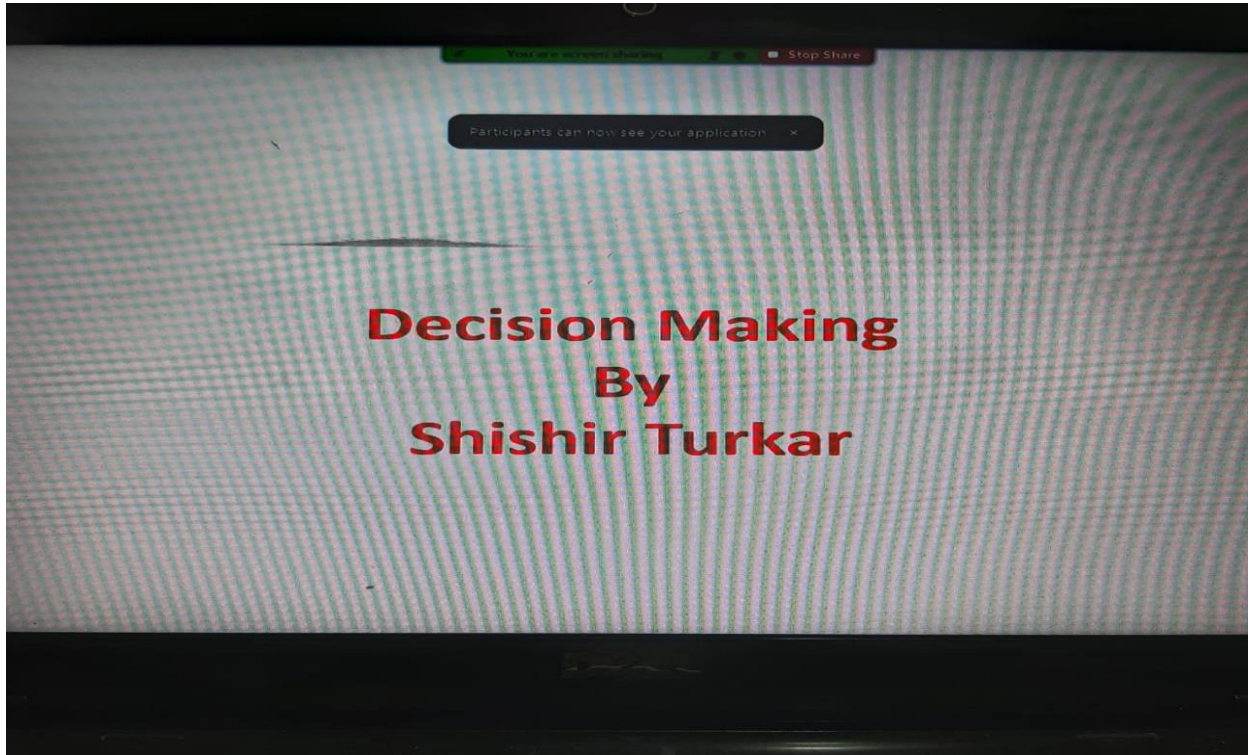
Glimpses of the programme:-



3. Session on 'Decision Making':-

Date of the programme	: 09/12/2021
Day of the programme	: Thursday
Topic of the programme	: Decisionmaking.
Name of the Speaker	: Mr. Shishir Turkar
Brief introduction	: CA and In Finance.
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 24 students

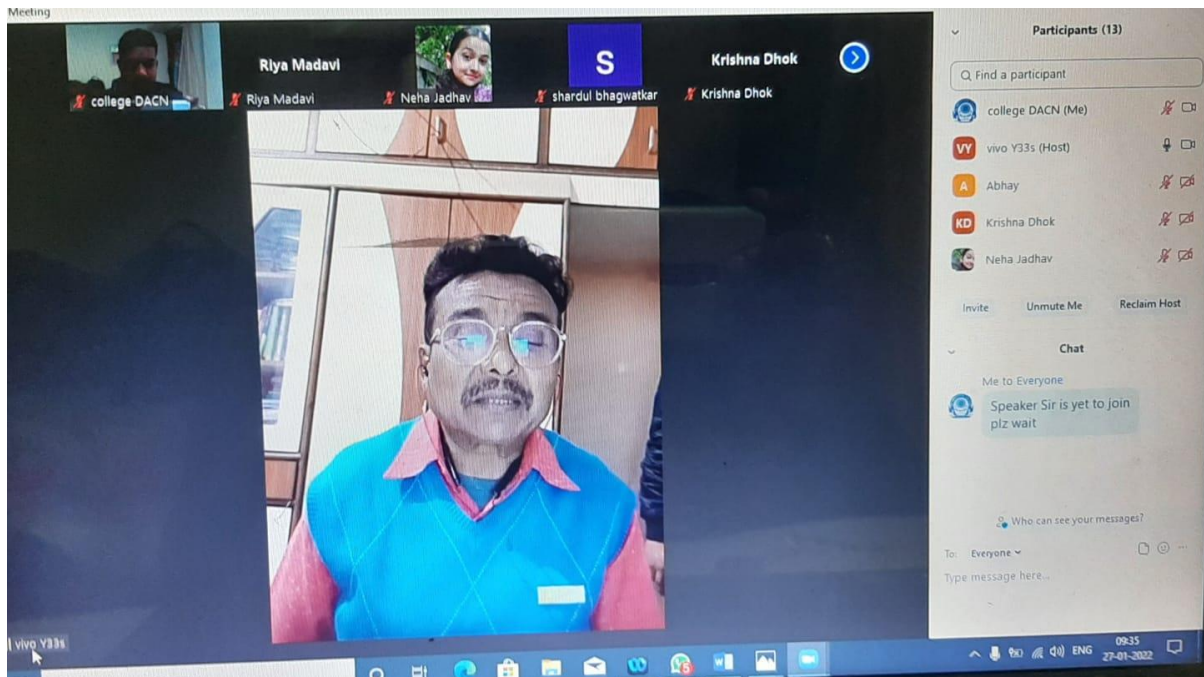
Glimpses of the programme:



4. Session on current affairs

Date of the programme	: 27/01/2022
Day of the programme	: Thursday
Topic of the programme	: Current Affairs
Name of the Speaker	: Mr. Vijaykant Panbude
Brief introduction	: Dy Director Labour Commission
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 13 students were present in the lecture.

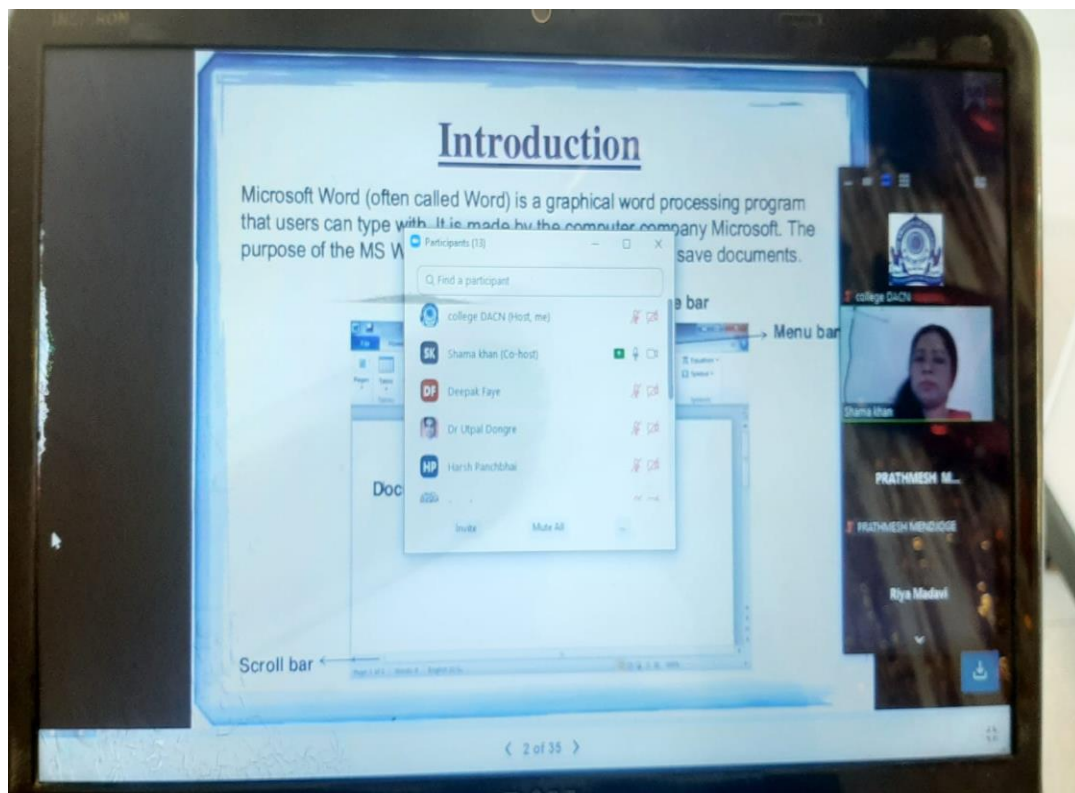
Glimpses of the programme:



5.Session on ‘MS Word’:-

Date of the programme	: 03/02/2022
Day of the programme	: Thursday
Topic of the programme	: MS Word
Name of the Speaker	: Ms. Shama Khan
Brief introduction	: Lecturere, DACN
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 13 students

Glimpses of the programme



Sessions conducted by Prof. Rohini Meshram

1. Session on 'Goal Setting'

Date: 29th November, 2021

Time: 11 am

Topic: Goal Setting

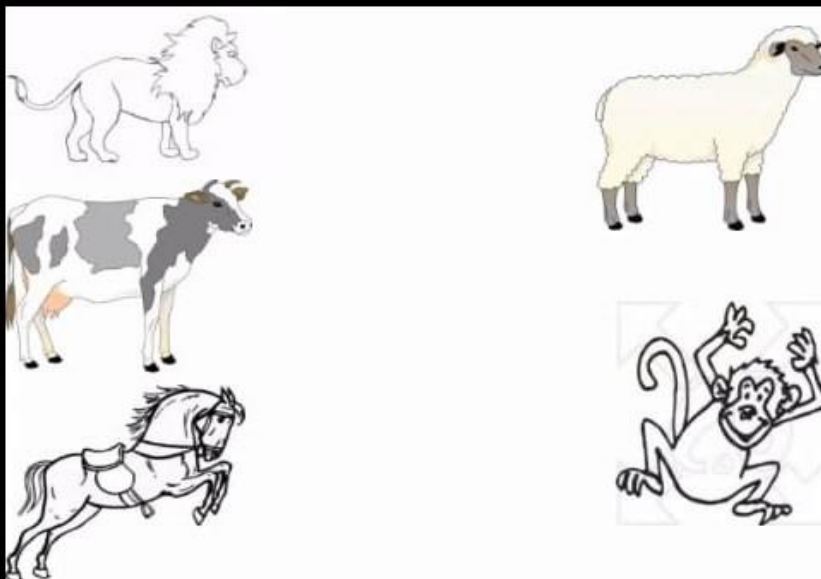
Speaker: Ms. Rashmi Bansal, Trainer VIA

Host Name: Ms. Rohini Meshram

Attendance – 29

Glimpses of Programme:-





2. Session on Shading Inhibition:-

Date: 24th November, 2021

Time: 9 am

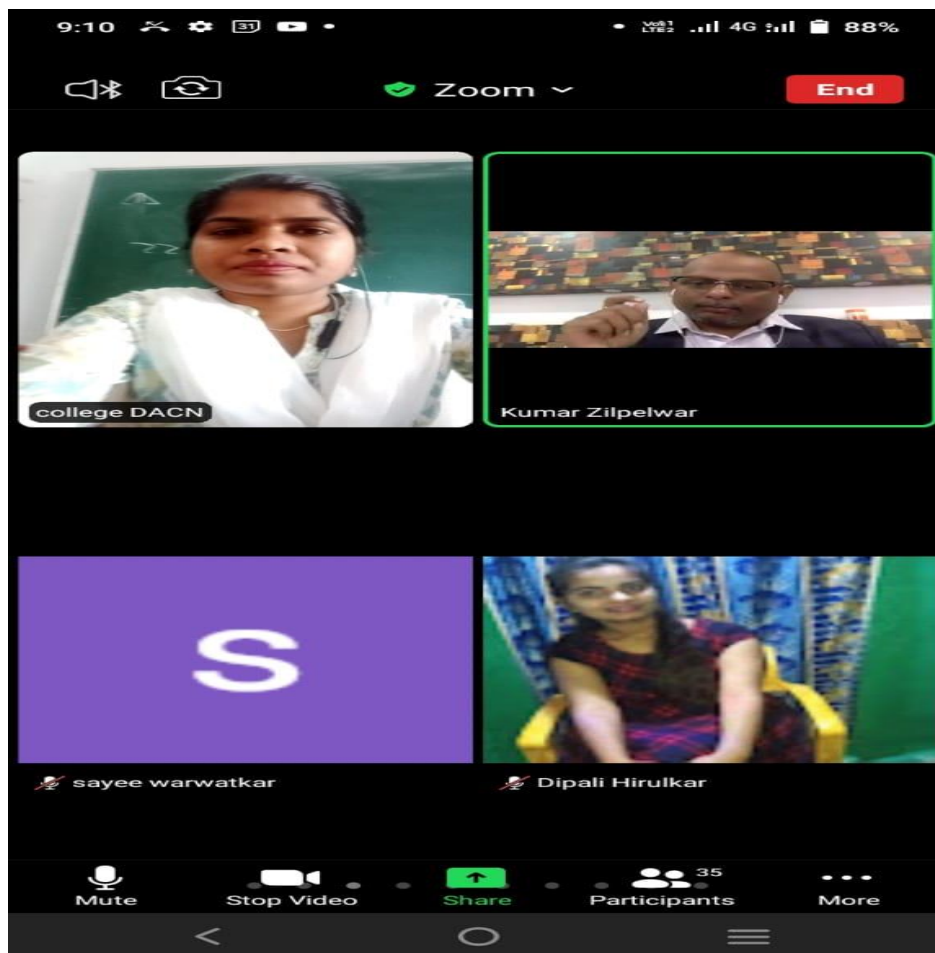
Topic: Shading Inhibition

Speaker: Mr. Kumar Zilpelwar, pilot Faculty , VIA

Host Name: Ms. Rohini Meshram

Attendance: 41

Glimpses of the programme:-



3. Session on 'Effective Public Speaking'

Date: 24th January, 2022

Time: 10 am

Topic: Effective Public speaking

Speaker: Mr. Javed Khan Rana, National Trainer, Director of National speakers Academy

Host Name: Ms. Rohini Meshram

Attendance: 30

